

The Green Notebook

Farmer's Markets to Open Soon Around the County

For many of us, the long-awaited day is drawing near...it's Farmers' Market season and I couldn't be more excited. Our local dirt, albeit a bit flooded lately, is yielding the very first fruits of the local harvest.

Here is look at the local Markets and their opening days and times. Get ready to buy local, buy fresh and even buy organic. Remember to make these local markets a shopping habit before you head out to the grocery store. Not only will your taste buds thank you, but your wallet will, too. Plus, you get the added bonus of supporting our local farmers and bakers and makers, which feels pretty darn good.

Main Street Delaware:

Sat., May 21, 9:30am – 12:30pm—The market runs from May 21st through October 29th, 2011 on Saturdays from 9:30 a.m. to 12:30 p.m. on the East side of Sandusky Street and Wednesdays from 3-6 p.m. on the West Side.

The Original Delaware Farmers' Market:

Sat., May 21, 9:00 a.m. - Noon—The market is held at the Delaware County Fairgrounds in the Jugette Barn through October.

Downtown Powell Farmers' Market:

Thurs., June 2, 3:00 – 6:00 p.m.—The Powell market is held in downtown Powell at the City of Powell Municipal Building Parking Lot through Sept. 29th.

Sunbury Farmers' Market on the Square:

Sat., May 28, 9:00 – Noon—The Sunbury market is held right in downtown at the square until Oct. 15th.

There are also markets in surrounding communities like Plain City, Marion, Dublin, Worthington and Westerville. Just look on-line for dates and times.

Enjoy this season of harvest and make a concerted effort to get some local food into your diet. It really makes a difference in so many ways, but primarily the taste and satisfaction of good, home-grown food and knowing exactly where that food comes from (which isn't thousands of miles away)! Bon appetit!

Tuesday Trippier lives in Delaware, is a writer and mother of three with a special interest in writing about green living.