

Edible Columbus Premiere

I have often brought home dog-eared copies of the magazines *Edible Brooklyn* and *Edible Manhattan* after visits with my sister who lives in Brooklyn, NY. I would gaze and practically drool over the pages that described local food and its purveyors with beautiful color photography and tantalizing recipes. I would wonder why Columbus couldn't have the same thing, as there are many such magazines in cities across the U.S., all members of the Edible Communities family of magazines, celebrating local foods, season by season.

That thought has become reality. Upper Arlington native Tricia Wheeler attended the French Culinary Institute in Manhattan and delighted in the inaugural *Edible Manhattan* magazine, devouring it cover to cover. Upon returning home to Ohio, she put the seeds of her dream to bring the magazine to Columbus into motion. Now publisher and editor of *Edible Columbus*, Wheeler hopes to inspire others to shop at our local markets, dine at our local independent restaurants and meet the farmers and producers at our local farmers markets.

In her Letter from the Editor, Wheeler quotes a statistic from the Ohio State Department of Agriculture: Ohioans spend approximately \$35 billion each year on food. Estimates indicate that only about 1 percent of the \$35 billion is spent on food from Ohio farms. If just 10 percent of our food purchases came from Ohio farms, and additional \$7 billion a year in local wealth could be generated and circulated throughout our communities.

The premiere issue of *Edible Columbus* is out this spring and features recipes using what is in season this spring in Ohio and covers a variety of local food sources: Wayward Farm CSA, Basi Italia Restaurant, Bluescreek Farm and much more. The photos are rich in color, the articles are interesting and informative and the magazine is chock full of great resources.

I emailed Wheeler with the hopes of expanding the scope of the magazine to include our many resources in Delaware County. She is open to the idea, so let's send her story ideas if you have any! I look forward to learning more about the amazing and varied local food traditions and resources in Central Ohio.

Want to get your hands on a copy? You can find them free at select businesses around Columbus like the North Market, Jeni's Splendid Ice Creams, The Hills Market and Whole Foods Market. Your best bet is to subscribe by going to www.ediblecolumbus.com. You can also subscribe to their free email newsletter at the website.

You'll never guess where I picked up my copy. Brooklyn, NY. I spent last weekend with my sister and saw, on her coffee table, a copy of *Edible Brooklyn* or so I thought. Upon further inspection, it was the premiere issue of *Edible Columbus* sent to her by a friend. I had to laugh as I hadn't had a chance to get one yet, so I brought it back to Ohio with me—a well-traveled and already dog-eared magazine!

Tuesday Trippier lives in Delaware, is a writer and mother of three with a special interest in green living. She is also a member of Sustainable Delaware.