



Sustainable Delaware NEWSLETTER

VOLUME 1, ISSUE 3

NOVEMBER 2012

ABOUT SUSTAINABLE DELAWARE:

- Monthly meetings are at 9:30am the second Saturday of each month in the Delaware County Library Main Branch's Community Room.
- Visit us on the web at www.sustainabledelawareohio.org
- Find us on Facebook at Sustainable Delaware Ohio.

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Community Gardens Are Growing

This year has seen a growth of community gardens in the City of Delaware. There are now community gardens located at Blue Limestone, Ross Park, Delaware Community Market and Greenwood Lake.

Blue Limestone Community Garden

Again this year, Blue Limestone Park is home to a community garden. Sustainable Delaware met with and helped to pull together several groups, Master Gardeners, City of Delaware, Delaware General Health District and prior year gardeners to make a successful year at the Blue Limestone community garden. All nine plots were rented out and this year was productive for the gardeners despite the weather, as City

staff made water available by refilling the on-site rain barrels 3 to 5 times a week!



The community garden at Blue Limestone Park.

Gardeners will have until November 15 to grow and harvest their gardens, at which time the city will till under the gardens preparing them for next year's gardeners. If you are interested in obtaining a

plot for next year, please contact Linda Matthews at 740-203-1810.

Ross Park Community Garden

New this year is the Ross Park Community Garden at the corner of Ross St. and Liberty Rd. in the City of Delaware. While the city had allocated the land at the park for a community garden several years ago, it was not until this year that a group of committed community members and local organizers dedicated resources and their time to create the garden. All of the spaces that were created this year were utilized and they are hoping to expand the garden next year, including some handicap accessible plots.

Harvest Fair Celebration!

Sustainable Delaware Ohio operated a booth at this year's Harvest Fair at the Stratford Ecological Center. We provided the guests with information about Sustainable Delaware activities and passed out our new newsletter. It was a great day to be

out with the family as there was a lot going on for everyone. Along with live music, they had horse and llama rides, kite flying, face painting, blacksmithing demonstrations, cider pressing and many other great activities. It was a wonderful opportunity to see

what goes on at the Stratford Ecological Center and wander the farm.

Sustainable Delaware would like to thank Sheila Fox, Tom Wolber and Matt Vogt for working the booth at the Harvest Fair.

Community Gardens (cont'd)



Delaware County Community Market community garden.

RECYCLE: After sharing this newsletter with friends, please recycle it responsibly

Although the summer was exceptionally dry, the garden has thrived with the help of volunteers. *"We are lucky to have such dedicated volunteers and the wonderful City of Delaware to provide water barrels to assist in the convenience of watering."* Says Audra Jordan of the Delaware General Health District. While there is currently no set date for when the garden will be closed for the winter, there are plans for an upcoming community clean-up at the park. If anyone is looking to get involved or would like a garden plot, please contact the Delaware General Health District at 740-368-1700.

Greenwood Lake Community Garden

Another new addition this year is the community garden at the Salvation Army's Greenwood Lake facility. Shortly after the Salvation Army accepted the idea of the gardens earlier this year, Leadership Delaware helped with raising the funding, and with volunteers they quickly had animal control

fences put up and the sod removed, soil tilled and ready for the gardeners.

For this year's hot summer, Greenwood Lake had the advantage of onsite plumbing for watering the gardens. Additionally they have available a commercial kitchen at the camp and future plans may include canning days during peak harvest times.

The Salvation Army's "Choice Food Pantry" is on site as well and gardeners who had abundance were able to pick it fresh and walk it over to donate to the pantry. The plots will get cleaned out this fall. For more information or to reserve a plot, contact Jon Klemanski, Camp Director, at 740-369-4821.

Delaware County Community Market Community Garden

Rick Dinovo, the Master Gardeners and some of the Delaware County Community Market's non-profit partners organized the community garden at the Delaware

County Community Market green space. They had a great first year with some of the heat issues this summer alleviated by having running water and hoses in the garden to water the plants. Additionally, they have a nice gazebo setup with seating as well as a small greenhouse, with plans to use it to germinate seeds for next year's garden.

All of the plots this year were run by a variety of community organizations where much of the food grown was donated to local food pantries. The Delaware County Master Gardeners' plot alone grew and donated over 200 lbs of fresh produce. Next year's plan is to expand the garden and open up additional plots for families in the community to use as well as for produce for the Delaware County Community Market to sell and cook with. For more information or to inquire about garden plots for next year, please contact the Delaware County Community Market at 740-610-0091.



Ribbon cutting ceremony at Gallant Farm Preserve.

Gallant Farm Preserve Grand Opening

Preservation Parks celebrated the Grand Opening of Gallant Farm Preserve, a living history farm recreating life in the 1930s-1940s, on Saturday, October 14. Visitors braved the weather to tour the house and surrounding barns and garden, sample fresh-pressed apple

cider and other period treats, visit farm animals and enjoy live music in the barn. Among the guest speakers at the opening ceremony was Charlotte Gallant, member of the Gallant family, who was instrumental in getting the Farm Preserve Project off

the ground. The farm is located at 2150 Buttermilk Hill Road, directly across from Gallant Woods Park. The house and barns are open 12-5 Thursday-Sunday, while the park is open daily 8AM to dusk.

Delaware County Represented in National Sustainability Event



Solar panels at the Fox-Lynd residence.

During the first week of October, Green Energy Ohio hosted a state-wide week-long tour showcasing nearly 200 sites demonstrating a wide range of sustainable energy practices throughout the State Of Ohio. Green Energy Ohio, which serves as the Ohio Chapter of the American Solar Energy Society (ASES), organizes the Ohio event, part of the national ASES tour. ASES anticipated more than 160,000 attendees at tour sites in the United States.

Across Ohio a number of business loca-

tions, home owners and public buildings opened their doors and registered their sites for public viewing during the tour. Some of the Central Ohio sustainable and renewable energy initiatives on display included solar power generation, wind generators, passive solar heating, solar thermal heating, energy efficient building designs, and geothermal.

In addition to a number of sites returning to this year's event, new on the tour this year were Delaware County installations at the City Of Powell on Hall Street and the Fox-Lynd residence on Curve Road. The Powell site, with two solar installations, includes a community pavilion and a covered parking area, and the pictured Fox-Lynd residence is a roof mount installation. Like most sustainable energy initiatives, installations are designed based on various factors, including cost, energy demands, location, available space, etc.

The Powell site has 81 kilowatts of solar arrays with an estimated 91,000 kilowatt

hours annual production. It includes a battery inverter system to produce continuous power. The Fox-Lynd residence, with 7.8 kilowatt capacity, produces an estimated 10,000 kilowatt hours per year. The system is connected to the power grid and Sheila Fox indicated the flow of energy back to the public utility has so far resulted in zero dollar electric bills.

Green Energy Ohio is a 10 year old Ohio not-for-profit organization. Complete information, including rebate programs, vendor directory, meeting schedules, memberships and details about the annual energy tour is available at www.GreenEnergyOhio.org. Sheila Fox is a founding member of Sustainable Delaware Ohio. This article was contributed by Richard Lamprey, a retired engineer, who is active in sustainability groups in Delaware and Worthington, and a volunteer with Green Energy Ohio.

Bite! Lecture Series Continues in November

This is the last month for the Sagan National Colloquium at Ohio Wesleyan University featuring Bite! Examining the Mutually Transformative Relationship between People and Food.

Unless otherwise noted, all colloquium presentations will be held in the Benes Rooms of Ohio Wesleyan's Hamilton-Williams Campus Center, 40 Rowland Ave., Delaware. All are free and open to the public. The presentations also are scheduled to be streamed online at <http://stream.owu.edu>.

Read more or review the archived lectures for the 2012 "Bite!" Sagan National Colloquium at <http://snc.owu.edu>.

- 7 p.m. Nov 1**—"The Role of Food in Keeping Cultural Traditions Alive When a Nation Has No Country to Call Its Own" by **Avesta Saaty**, Chef: Kurdish Roots
- 4 p.m. Nov 2**—"The Future's In the Dirt: Digging Into Regional Food Systems and Their Potential to Restore Economies, Communities, Environment, and Health" by **Ben Hewitt**, Author, Small-Scale Farmer. **Phillips Auditorium**
- 5:30 p.m. Nov 2 - Innovative Farmers of Ohio (IFO) Fundraiser**: IFO will host their annual Fundraiser featuring samples of local food and beverages from area restaurants and farmers. Ben Hewitt will present the keynote lecture at 7pm. **Please note, this is a fundraiser for Innovative Farmers of Ohio and thus not a free event.** Ticket information can be found at www.ifoh.org.
- 3 p.m. Nov 6**—"Diet and Health: A Progress Report" by **Dr. Walter Willett**, Fredrick John Stare Professor of Epidemiology and Nutrition Chair, Department of Nutrition, Harvard University
- 7 p.m. Nov 14**—"Food, Film, and Cultural Citizenship" by **Dr. Fabio Parasecoli**, Associate Professor, Coordinator Food Studies, The New School for Public Engagement, New York



Sustainable Delaware Ohio

Our Mission: *Sustainable Delaware is a group of citizens focused on promoting environmental, social and economic sustainability for the*

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Update: Coffee Grounds for Composting

Last month we reported how great an addition to your compost pile coffee grounds can be. We would like to mention that used coffee grounds can be sourced at many coffee shops; just ask at your favorite coffee shop. In Delaware, in addition to BeeHive Books, used coffee grounds can be acquired at Choffey's, where you can trade an empty 5 gal bucket for a 5 gal bucket of used grounds, Mean Bean will save them for you if you bring in a bucket for them to use, and your local Starbuck's and Kroger's have them in 5 lb bags ready for pick up.

Vist us on the web at www.sustainabledelawareohio.org and on Facebook at Sustainable Delaware Ohio



Farmer's Market

Delaware Oakland Nursery – Sundays from 1p to 4p through Nov 11

November 2012 Events

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|----------|---------------|--|
| 11/1/12 | 9:30am—3:30pm | Organic Food and Farming Education Research Program: Wooster, Oh ^E |
| 11/1/12 | 7pm | SNC: Bite!, HWCC (Benes): "The Role of Food in Keeping Cultural Traditions Alive When a Nation Has No Country to Call Its Own" by Avesta Saaty. ^B |
| 11/2/12 | 6-9pm | First Friday: Main Street Delaware, throughout downtown City of Delaware ^G |
| 11/2/12 | | 2012 Annual Fundraiser Celebration and Conference: Resetting the American Dinner Table: Ohio Wesleyan University ^F |
| 11/2/12 | 4pm | SNC: Bite!, Phillips Auditorium: "The Future's In the Dirt: Digging Into Regional Food Systems and Their Potential to Restore Economies, Communities, Environment, and Health" by Ben Hewitt. ^B |
| 11/3/12 | | 2012 Annual Fundraiser Celebration and Conference: Resetting the American Dinner Table: Ohio Wesleyan University ^F |
| 11/4/12 | | Daylight Savings Ends |
| 11/6/12 | 3 pm | SNC: Bite!, HWCC (Benes): "Diet and Health: A Progress Report" by Dr. Walter Willett, Fredrick John Stare. ^B |
| 11/11/12 | 2pm | brr! Let's Get Ready for Winter – Deer Haven Preserve ^C |
| 11/13/12 | 1pm—3pm | Herbal Study Group: Stratford Ecological Center ^A |
| 11/14/12 | 7pm | SNC: Bite!, HWCC (Benes): "Food, Film, and Cultural Citizenship" by Dr. Fabio Parasecoli. ^B |
| 11/17/12 | 9am—11am | Herbal Study Group: Stratford Ecological Center ^A |
| 11/22/12 | | Thanksgiving |
| 11/30/12 | 6pm | Ca\$h Mob: Meet at the Main Street Delaware office ^D |

A. http://www.stratfordecologicalcenter.org/programs_events/calendar_details.html

B. <http://blog.owu.edu/bite/schedule-of-events/>

C. <http://www.preservationparks.com/events-calendar/>

D. <http://www.mainstreetdelaware.com/cash-mob.html>

E. <http://extension.osu.edu/news-releases/archives/2012/september/save-the-date-nov.-1-meeting-in-wooster-to-discuss-the-future-of-organic-farming>

F. <http://ifoh.org/>

G. <http://www.mainstreetdelaware.com/first-friday.html>